

City of East Orange
Department of Health and Human Services
143 New St.
East Orange, New Jersey
Operating Schedules and Outreach Events

February 2009

Women, Infants and Children's Nutrition Program (WIC) - Monday –Friday 8:30am - 4:30 pm. Evening hours are available Monday and Wednesdays. Checks/vouchers for nutritious foods and infant formula, breastfeeding and nutritional counseling provided to enrollees of the program. The Nutritionists conduct individualized counseling with program parents.

Every month a specific topic concerning nutrition is taught to parents concerning the healthy development of the child and family receiving nutritional supplementation by the staff dietician. **Please call for the Nutritional topic of the Month.**

Call for an appointment or to determine eligibility at 973-395-8960
Ms. Monica Coombs, Registered Dietician, WIC Coordinator

Child and Adult Care Food Program(CACFP)-Providing children with nutritious meals who attend daycares, preschools and after-school programs throughout East Orange, Orange, West Orange, South Orange, Maplewood, Irvington, Newark, Bloomfield, Belleville, Montclair). Meal menus are approved by the State of New Jersey Department of Agriculture.

Sites are currently being sought for this year's summer food service program.

Free participant training sessions are conducted by this division, for Site Directors, Food Program Monitors, Site Supervisors, Food Handlers and staff. To become a program participant please call for information or to register your facility / school for this program, call Mrs. Renee Muhammad, Program Director at 973-266-5468, Monday – Friday 8:30 am to 4:30 pm

Environmental Health Services – Monday – Friday 8:30 am to 4:30 pm. This division conducts health inspections and enforces mandated health codes, tobacco and nuisance investigations, as well as citation of relevant violations.

They are also responsible for monitoring *animal control regulations and violations, rodent control projects and seasonal activities* which include *pool inspections* (June to September), *rabies clinics* (June and September).

Additional information about division services can be obtained from Mr. Frank Habeggar , Chief Registered Environmentalist Health Specialist at 973-266-5109.

Vital Statistics- Birth, death and marriage certificates and licenses Monday –Friday 8:30 a.m.-4:30 p.m. A *special note* from the Registrar: **“Marriage, civil union and domestic partnership applications are being processed according to the rule change that either applicant can be a resident of the city of East Orange.** The current application fee is \$28.00. A pamphlet entitled “Entering into a Marriage or Civil Union in New Jersey “is available in the Registrar’s office.

Inquiries and information may be directed to; Ms. Cynthia Moore, Certified Municipal Registrar, at 973-266-5450.

Nursing- Monday – Friday, 8:30 pm to 4:30 pm. The following clinical services are available to East Orange residents; Child Health Conferences (Well Baby Clinic) Immunizations/Sexually Transmitted Disease, Tuberculosis and Senior Health. Seasonal flu

Monday –Friday, 8:30 am- 4:30 pm. Call for the current schedule.

Promotion of community “breast and prostate health “continues with community outreach and screenings ”that are conducted in collaboration with the S.A.V. E. Program of University of Medicine and Dentistry Hospital of New Jersey (UMDNJ).

Mammograms are performed by appointment, at **no cost** to the participant. **The next Mammogram screening date is in March 19, 2009.** Call for an appointment.

Free prostate screening for men is available. **The next prostate clinic is tentatively scheduled for March 19, 2009, call for qualifying information or an appointment.**

Diabetes and blood pressure screenings are available, call for an **appointment or walk-in .**

Please **call for information or appointments;** Mrs. Sharon Bland of the Nursing Division at 973-266-5463 or Health Educator Karen Johnson-LaRussa RN, BS at 973-266-5429.

Dental- Monday –Friday; 8:30am- 4:30 pm. Clinical dental services are available to children of East Orange resident’s kindergarten to eighteen years of age.

Outreach, education and screenings of school-aged children are conducted in city schools.

This division participates in community outreach/education events as scheduled.

“February is Dental Health Month”

To request an outreach session, information or an appointment call: 973-266-5477, Ms. Marilyn Rohmoser, D. T. of the Dental Services Division.

HIV Testing- Monday–Friday 8:30 am -4:30 pm. Counseling and testing is available to the public at large. Clinics are held in East Orange, Orange and West Orange. The Annual HIV Testing day is in June. Walk-in or call for an appointment/information call Mr. Oscar Ogletree, HIV Coordinator, at 973-266-5454/5453.

Lead Poisoning – Nursing case management and environmental inspections for children/families affected by lead poisoning. Children aged 1-6 years, may be screened for lead poisoning, at no cost, every Tuesday in January, in the Child Health Conference Clinic located in the basement. Education/Outreach sessions available upon request.

Home inspections and related consultations are performed according to local and state protocols.

Call for inquiries, general information or concerns; Monday-Friday 8:30 am-4:30 pm, contact Ms. Marie Niasse MSN @ 973-266-5489.

Weights and Measures- Measuring, testing and inspecting consumer products, services and trades (i.e. Grocery stores, gas stations etc.), based on weights and measures. Outreach sessions available upon request

Contact Mr. Girard Lukowiak, Superintendent @ 973-677-8929 for inquiries and additional information.

Health Education – Monthly outreach and education as recognized from the National Health Observances Calendar and by the Health Officer of East Orange. Health information is disseminated at the Health Department lobby, City Hall Rotunda, Health Department clinic lobby; and to various community groups. Additional information can be found by using the web links on the health pages or by calling: 973-266-5429 Karen Johnson-LaRussa RN, BS

(During the month, check the” Health Departments” Outdoor Information Board, on 143 New St.)

Current and Future Health Promotions/Awareness:

*Information for various **Health topics** available; call, email or visit;
973-266-5429 or Karen@ci.east-orange.nj.us, **Room 102C** at the Health Department*

Dental Health Month – Call for information or to schedule an appointment for **free** dental health services to school-aged children living in East Orange.

National Wear Red Day – February 6, 2009 “Women and Heart Disease Awareness” Encourage family, friends, co-workers and loved ones to see their physicians for “heart checks” and wear “RED” as a symbol of heart disease awareness

Black HIV/AIDS Awareness Day Program – February 7, 2009 1:00 pm, City Hall Chambers. All are invited to share information for prevention and awareness of HIV/AIDS disease in East Orange and surrounding communities

Free Mammogram Screening – March 19, 2009 –call now for appointment

Free Prostate Screening Clinic- March 19, 2009 -call now for an appointment

May 2009

Children’s Safety and Health Fair- May 2, 2009- to participate or for information call 973-266-5429/5480

Child and Adult Food Care Program

Register your facility/child care program to receive nutritious meals (June/ July/ August).**Sites are currently being sought for this year’s “Summer Food Service” program- call; 973-266-5468.**

Dental - 973-266- 5477/ **Nursing** -973-266-5463/ **Health Education** – 973-266-5429

Submitted: January 16, 2009 K. Johnson-LaRussa RN, BS
Health Education
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